

# FRUITION PHYSICAL THERAPY

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## PRESCRIPTION FOR PHYSICAL THERAPY

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_

**Precautions:** \_\_\_\_\_

**Evaluate and Treat**       **Continue Physical Therapy**

Frequency: 1x \_\_\_\_\_ 2x \_\_\_\_\_ 3x \_\_\_\_\_ 4x \_\_\_\_\_ 5x \_\_\_\_\_

Duration: 1wk \_\_\_\_\_ 2wk \_\_\_\_\_ 3wk \_\_\_\_\_ 4wk \_\_\_\_\_ 5wk \_\_\_\_\_ 6wk \_\_\_\_\_

- Balance Training / Neuro Re-education**
- Flexibility**
- Home Exercise Program Instruction**
- Modalities** \_\_\_\_\_
  - Iontophoresis with Dexamethasone**
  - Ultrasound**
  - Electrical Stimulation**
- Manual Therapy / Soft Tissue Mobilization**
- Postural/Body Mechanics Instruction**
- Therapeutic Exercise**     **AROM**     **PROM**     **Strengthening**
- Issue Home Traction Unit**     **Cervical**     **Lumbar**
- Issue Home Electrical Stimulation Unit**     **NMES**     **TENS**
- Other** \_\_\_\_\_

**Date of Next MD Appointment:** \_\_\_\_\_

**Physician Comments:** \_\_\_\_\_

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Please fax back to 262-723-2734*